

● **ONE DAY REST IN SEVEN ACT**

STATUTORY CITATION: 820 Ill. Comp. Stat. §§ 140/1 – 140/9

GENERAL SUMMARY: The One Day Rest in Seven Act grants workers in Illinois at least one day of rest a week and daily meal periods.

PROVISIONS APPLICABLE TO AGRICULTURE

DAY OF REST — The section requiring most employers to allow workers at least 24 consecutive hours of rest in every calendar week **does not apply** to employment in agriculture.

MEAL PERIODS — As are most other classes of workers in the state, agricultural employees who work or are expected to work 7½ continuous hours or longer on a particular day are entitled to a meal period of at least 20 minutes, beginning no later than 5 hours after the start of the workday.

ADMINISTRATION AND ENFORCEMENT

PRIMARY ENFORCEMENT AGENCY — *Fair Labor Standards Division, Illinois Department of Labor, Chicago, Illinois 60601 (312-793-2810)*. The Department has explicit authority to enforce these provisions and to prosecute violations. An employer who fails to provide for or allow a meal period as required is subject to a fine of from \$25 to \$100 for each offense.

SECONDARY OR ASSOCIATED ENFORCEMENT AGENCY — *None*.